Read *Spunky Little Monkey* by Bill Martin Jr. This story is about a monkey who will not get out of bed. A doctor prescribes exercise, and he learns to dance.

Have children draw a picture of their favorite animal, tell you its name and other information about the animal. Write it on the picture.

Talk with children about all the different ways to get exercise. What are their favorite and least favorite ways to exercise and why?

Chant the “Five Little Monkeys Jumping on the Bed” rhyme. Chanting helps children hear the smaller sounds in words which will help with sounding out words when they learn to read.

Play with musical instruments. Reread the story and use the instruments to make the sounds.

Explore Early Literacy Practices: Read, write, talk, sing and play with children every day! When you engage in these practices regularly, you help young children develop essential early literacy skills that prepare them for reading and learning.

See other early literacy resources at [www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library).