Read *Peekaboo Bedtime* by Rachel Isadora. This story is about a toddler who plays peekaboo with parents, grandparents, toys and the moon while getting ready for bed.

Make a simple list of bedtime routines for children with pictures and corresponding words. Writing helps children make the connection between the spoken and written word.

Talk about what children do to get ready for bed. Ask children what is their favorite part of the routine. Asking open-ended questions (like “What?”) helps children develop their narrative and speaking skills.

Sing a lullaby. Singing helps children hear the smaller sounds in words which will help with sounding out words when they learn to read.

Play peekaboo with a variety of items—hands, scarves or an open book.

*Early literacy practice for children ages 2-3.*

Find these and other tips at [www.earlylit.net](http://www.earlylit.net).

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**Explore Early Literacy Practices:** Read, write, talk, sing and play with children every day! When you engage in these practices regularly, you help young children develop essential early literacy skills that prepare them for reading and learning.

See other early literacy resources at [www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library).